

# Household Maintenance Energy-Saving Tips

## Winter Warmth (December – February)

- Use LED holiday lights.
- Seal ducts using duct tape or mastic.
- Upgrade to smart thermostats.
- Reverse ceiling fans to rotate clockwise and push warm air down.
- Consider installing a heat pump to both heat and cool your home.
- Get an engine block heater controller.
- Consider switching to low-flow showerheads.
- Add weatherstripping and insulation to the attic entrance.
- Consider switching to smart plugs and switches.

## Spring Cleaning (March – May)

- Schedule a professional to check and service your HVAC system.
- Seal windows and doors.
- Plant shade trees for natural cooling and shading.
- Upgrade to LED bulbs.

## Year-Round Tips

- Unplug chargers and appliances.
- Use energy-efficient appliances: Look for the ENERGY STAR® label when purchasing.
- Regularly change HVAC and water filters on schedule.
- Insulate your tank-style water heater to reduce heat loss.
- Consider a home energy audit to identify areas for improvement.
- Set your water heater to 120° and use efficient shower heads.

## Fall Focus (September – November)

- Clean debris from gutters to prevent blockages and water damage.
- Get prepared for winter weather by inspecting or installing heat tape and heat tape timers to prevent snow and ice buildup.
- Inspect insulation to ensure your home is properly insulated, especially in the attic or crawl space.
- Program your thermostat to lower temperatures at night for cozier sleep.
- Seal cracks around windows, doors and any visible gaps with caulking.
- Schedule furnace maintenance to ensure your heating system is running efficiently.
- Move any furniture blocking intakes or heat registers.

## Summer Savings (June – August)

- Set your thermostat a few degrees higher when you're away.
- Use ceiling fans to distribute cool air.
- Cook on a grill or microwave more often to reduce indoor heat.
- Install solar screens, blinds, light-filtering blinds or curtains to block out the sun's rays.
- Run the dryer and dishwasher at night on hot days.



Scan the QR code to take the home energy assessment and find ways to be more energy efficient! Check out the rebates on a wide range of energy-efficient systems at [WattsmartHomes.com](http://WattsmartHomes.com).