

Household Maintenance Energy-Saving Tips

Winter Warmth (December – February)

- Use LED holiday lights.
- Seal ducts using duct tape or mastic.
- Upgrade to smart thermostats.
- Reverse ceiling fans to rotate clockwise and push warm air down.
- Consider installing a heat pump to both heat and cool your home.
- Get an engine block heater controller.
- Consider switching to low-flow showerheads.
- Add weatherstripping and insulation to the attic entrance.
- Consider switching to smart plugs and switches.

Fall Focus (September – November)

- Clean debris from gutters to prevent blockages and water damage.
- Get prepared for winter weather by inspecting or installing heat tape and heat tape timers to prevent snow and ice buildup.
- Inspect insulation to ensure your home is properly insulated, especially in the attic or crawl space.
- Program your thermostat to lower temperatures at night for cozier sleep.
- Seal cracks around windows, doors and any visible gaps with caulking.
- Schedule furnace maintenance to ensure your heating system is running efficiently.
- Move any furniture blocking intakes or heat registers.

Spring Cleaning (March – May)

- Schedule a professional to check and service your HVAC system.
- Seal windows and doors.
- Plant shade trees for natural cooling and shading.
- Upgrade to LED bulbs.

Summer Savings (June – August)

- Set your thermostat a few degrees higher when you're away.
- Use ceiling fans to distribute cool air.
- Cook on a grill or microwave more often to reduce indoor heat.
- Install solar screens, blinds, light-filtering blinds or curtains to block out the sun's rays.
- Run the dryer and dishwasher at night on hot days.

Year-Round Tips

- Unplug chargers and appliances.
- Use energy-efficient appliances: Look for the ENERGY STAR® label when purchasing.
- Regularly change HVAC and water filters on schedule.
- Insulate your tank-style water heater to reduce heat loss.
- Consider a home energy audit to identify areas for improvement.
- Set your water heater to 120° and use efficient shower heads.



Scan the QR code to take the home energy assessment and find ways to be more energy efficient!

Check out the rebates on a wide range of energy-efficient systems at WattsmartHomes.com.

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